

Lauren Sisler - Introduction Bio

Lauren Sisler is a national award-winning sports broadcaster who has been captivating audiences with her insightful coverage on ESPN since 2016. Not only is she a powerhouse in the broadcasting world, but she's also the author of the compelling new book, 'Shatterproof.'

Lauren is passionate about sports, but even more passionate about telling the stories of the coaches, athletes, and fans who make it more than a game.

Lauren's path to success hasn't been a simple march to victory. In 2003, during her freshman year at Rutgers University, Lauren faced a profound tragedy that could have halted her dreams. Amidst her grief and despair, Lauren discovered an incredible courage that propelled her forward, turning pain and shame into a pathway for success. Now, she shares her journey with audiences nationwide, aiming to shed light on crucial issues and dismantle the obstacles that prevent us from embracing our fullest potential.

Let's welcome Lauren Sisler to the stage!